

AGELESS PRODUCTS

HOME CARE ADVICE

The **Ageless products** you have been recommended are active products and are designed to work at a cellular level to correct, prevent and nourish the skin. For this reason you may notice some changes in your skin as you become accustomed to this new level of skincare. All of the following are considered **normal** and may last for the first couple of weeks of usage:

- Tingling on application
- Skin tightness or feeling of dryness
- Mild shedding
- Mild irritation

This is a positive sign as it indicates the products are creating changes within the skin.

These changes are all due to the main ingredient in your **Ageless** products, *Glycolic Acid* and *Vitamin A*. *Glycolic* works by absorbing into the skin pushing dead lifeless cells towards and off the surface. As we age our skins natural exfoliation process slows down so *glycolic acid* is considered a **must** to keep your skins cells regeneration cycle moving.

Glycolic acid exfoliates the skin, increases cell turnover, hydrates and resurfaces the skin.

Vitamin A is deemed the *holy grail* in anti-ageing and necessary to maintain optimum skin health.

Once you have used the products for a few weeks it will have reduced any buildup of dead cells revealing glowing youthful skin. These products are given before and during your course of **Image Peels** to deeply exfoliate and regenerate the skin. This allows your peel to penetrate the skin effectively giving optimum anti-ageing results.

To allow your skin to become accustomed to these ingredients it is important that you start introducing any of the below products slowly.

- Total Facial Cleanser
- Total Anti-ageing Serum
- Total Repair Cream
- Total Eye Lift Cream
- Total Retinol A Cream x 3 uses max weekly
- Total Overnight Retinol Mask x 3 uses max weekly
- Total Resurfacing Mask x 3 uses max weekly

Always introduce **Ageless** products x 1-2 a week e.g., **Monday & Thursday** to allow acclimatisation. Only increase usage where your skin specialist has recommended.

When prepping your skin for peel treatments then the below programme is followed under your therapists guidance.

WEEK 1: Use x2 a week e.g. Monday & Thursday

WEEK 2: Use x2 a week e.g. Monday, Wednesday & Friday

WEEK 3: Use x4 times a week

